

BLS for Healthcare Providers (BLS)

FACT SHEET

Introduction

The **Basic Life Support (BLS) for Healthcare Providers** Classroom Course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

Who should attend this course?

This course is for healthcare professionals who need to know how to perform CPR, as well as other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings.

BLS Course Features:

Video based course ensures consistency.
Instructor led, hands on class format reinforces skills proficiency.
Student manual comes with new Pocket Reference Card, designed to provide quick emergency information to the rescuer at any time.
Updated science based content.

The BLS training program covers:

- ✱ Key changes in basic life support, reflecting the new scientific updates from the 2010 Guidelines for CPR and ECC
- ✱ Critical concepts of high-quality CPR
- ✱ The Chain of Survival TM
- ✱ One-rescuer CPR and AED for adult, child and infant
- ✱ Two-rescuer CPR and AED for adult, child and infant
- ✱ Differences between adult, child and infant rescue techniques
- ✱ Bag-mask techniques for adult, child and infant

- ✱ Rescue breathing for adult, child and infant
- ✱ Relief of choking for adult, child and infant
- ✱ CPR with an advanced airway*

* This is an introduction to the compression/ventilation rate and ratio for a patient who has an advanced airway in place. For more information on advanced airways, please refer to the Airway Management Course.

Course format/ time

Course requires approximately 6 hours to complete, including skills practice and skills testing.

Course time based on 1 instructor: 6 student: 2 manikins.

Classroom-based (instructor and video, with skills conducted throughout)

End of course & assessments:

In the classroom, students participate in simulated clinical scenarios and learning stations. Students work with an AHA BLS Instructor to complete BLS skills practice and skills testing. Students also complete a written exam.

Certification

Upon successful course completion, including demonstration of skills competency in all learning stations and passing the written Exam, students receive an American Heart Association BLS for Healthcare Providers Course Completion Card which is valid for two years.



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